From Gina Green, PDC Infection Prevention – Sept 8, 2020

10-Day, 14-Day, 20-Day Timeline FAQs

Updated Timelines from Infectious Disease to Consider in Screening

14-day guarantine for confirmed exposures (some of which may have pending tests)

Are patients quarantined from symptom initiation or testing date?

If an individual has been exposed to a confirmed positive person, is asymptomatic, and is awaiting results, they should remain quarantined pending results.

Do they come off quarantine after negative test or stay in quarantine if they have symptoms with negative test?

If an individual has been exposed to a confirmed positive person, is asymptomatic, and is awaiting results, they should remain quarantined pending results. If negative, they can come off quarantine as long as they are asymptomatic. If they become symptomatic, they should resume quarantine and be retested.

This applies as long as they do not reside in the home with the individual that is confirmed positive. If they live in the home with the confirmed positive person, they will remain quarantined for 14-days.

10-day isolation for confirmed positives (without immunocompromising condition)-

Isolation is from symptom initiation or testing date?

Isolation from symptoms onset if known.

Example: Symptoms began on 9/1. Tested on 9/3. Confirmed positive on 9/5. Symptoms resolved by 9/10 with no fever for at least 24 hours without medicine. They can be released from quarantine on 9/11.

If symptom onset is unknown, the date of positive test is used. In the above example, the 10-day isolation period will begin on 9/5.

20-day isolation for immunocompromised confirmed positives (auto-removed COVID+ banner in Epic)

Link to Covid: https://covid-19.dukehealth.org/